

## *Curriculum Vitae – Diane Lee*

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### *Professional Education/Degrees*

1976 Bachelor of Science in Rehabilitation, University of British Columbia  
(Gold medal award)

### *Specialization/Certification*

1980 Canadian Orthopaedic Manipulative Therapy Examination - Part A  
(Resident)  
1981 Canadian Orthopaedic Manipulative Therapy Examination - Part B  
(Fellow) Advanced Diploma in Orthopaedic Manipulative Therapy  
2001 Certification in Intramuscular Stimulation (ISTOP) with Dr. Chan Gunn

### *Professional Memberships/Organizations*

1976 – Current Canadian Physiotherapy Association  
1981 – Current Canadian Academy of Orthopaedic Manipulative Therapy

### *Employment History*

1976 - 1978 Staff physiotherapist - Royal Columbian Hospital  
1978 - 1980 Staff physiotherapist - Worker's Compensation Board of British  
Columbia  
1980 - 1982 Staff physiotherapist - Surrey Orthopaedic Physiotherapy Clinic  
1983 – 2000 Owner and Senior physiotherapist - Delta Orthopaedic Physiotherapy  
Clinic  
2000 – 2004 Clinical Director/consultant for LifeMark Health at the Delta Orthopaedic  
Physiotherapy Clinic  
2004 – present Owner/Education and clinical consultant at Diane Lee & Associates –  
Consultants in Physiotherapy

### *Professional Committees & Activities*

1984 - Instructor, post-graduate continuing education of Orthopaedic  
Manipulative Therapy, Orthopaedic Division, Canadian Physiotherapy  
Association  
1984 - Examiner, Canadian Orthopaedic Manipulative Therapy Examination,  
Orthopaedic Division, Canadian Physiotherapy Association  
1991 – 2000 Chief Examiner, Canadian Orthopaedic Manipulative Therapy  
Examination, Orthopaedic Division, Canadian Physiotherapy  
Association

- 1992 - Instructor, post-graduate continuing education of Orthopaedic Manual therapy for the North American Institute of Manual Therapy
- 1993 - Examiner, North American Institute of Manual Therapy
- 1993 - Canadian representative on the Board of Associate Editors for the Journal of Manual & Manipulative Therapy
- 1995 - Member of the editorial advisory board Manual Therapy Journal, published by Churchill Livingstone
- 1999 - Member of the Scientific Committee for the Interdisciplinary World Congress on Low Back Pain and the Sacroiliac joint chaired by Dr. Andry Vleeming and Dr. Vert Mooney
- 1999 – 2002 Honorary Associate Professor of the University of Sydney, Australia
- 2006 - Board of Directors (Advisory), Woman's Health Foundation, Chicago
- 2010 Vancouver 2010 Olympic Winter Games Therapy Team – On call Medical Specialist

## *Awards*

- 1976 Dean of Medicine Award – head of graduating class of Rehabilitation Medicine - UBC
- 2008 Golden Hands Award – recognition of life-long commitment to excellence and promotion of manual therapy, education and research - CPA

## *Publications*

- 1986 Principles and Practice of Muscle Energy and Functional Techniques. In Modern Manual Therapy Ed. Gregory Grieve, Churchill Livingstone Edinburgh
- 1986 Tennis Elbow: A Manual Therapist's Perspective. JOSPT 8:3
- 1986 A Workbook of Manual Therapy Techniques for the Vertebral Column and Pelvic Girdle. Nascent Publishing (in collaboration with Mari Walsh)
- 1989 The Pelvic Girdle - An Approach to Assessment and Treatment. Churchill Livingstone, Edinburgh
- 1989 A Workbook of Manual Therapy Techniques for the Upper Extremity. DOPC
- 1992 The Relationship between the Sacroiliac Joint the Low back and the Hip. In: Proceedings of the First Interdisciplinary Symposium on the Sacroiliac Joint and its influence on Low Back Pain. Eds. Vleeming A, Mooney V, Snijders C, Dorman T, Sandiego, USA - November 5 - 6
- 1992 Biomechanics of the Thorax - A clinical perspective. In: Proceedings of the 5th International Conference of the International Federation of Orthopaedic Manipulative Therapists, Vail Colorado June 1-5
- 1992 Intra-articular versus Extra-articular dysfunction of the sacroiliac joint - a method of differentiation. In: Proceedings of the 5th International Conference of the International Federation of Orthopaedic Manipulative Therapists, Vail Colorado June 1-5

- 1993 Biomechanics of the Thorax - A clinical model of in vivo function. Inaugural issue of the Journal of Manual & Manipulative Therapy 1:1
- 1994 Principles and Practise of Muscle Energy and Functional Techniques. In 2nd ed. Modern Manual Therapy Eds. J. Boyling and N. Palastanga, Churchill Livingstone, Edinburgh
- 1994 Kinematics of the Pelvic Joints. In 2nd ed. Modern Manual Therapy Eds. J. Boyling and N. Palastanga, Churchill Livingstone, Edinburgh
- 1994 Clinical Manifestations of Pelvic Girdle Dysfunction. In 2nd ed. Modern Manual Therapy Eds. J. Boyling and N. Palastanga, Churchill Livingstone, Edinburgh
- 1994 Biomechanics of the Thorax - Chapter 3 in Physical Therapy of the Cervical and Thoracic Spine. Ed. Ruth Grant, Churchill Livingstone, New York, New York
- 1994 Manual Therapy for the Thorax - a biomechanical approach. published by DOPC
- 1994 Grieve's Modern Manual Therapy Second Edition The Vertebral Column, Canadian Editorial Advisor, Churchill Livingstone, Edinburgh
- 1995 Contemporary positions of the sacroiliac joint. In: Proceedings of the 9th Biennial conference of the Manipulative Physiotherapists Association of Australia, Association of Australia, Gold Coast, Australia. November 22 - 27
- 1996 Workbook of Manual Therapy Techniques for the Vertebral Column and Pelvic Girdle, 2nd edition (co authored with Mari Walsh) Published Nascent Publishing
- 1996 Rotational Instability of the Midthoracic Spine - assessment and management Masterclass article in Manual Therapy 1(5) 234-241
- 1997 Treatment of pelvic instability. In: Movement, stability and low back pain. Eds. Vleeming, Mooney, Dorman, Snijders and Stoeckart. Churchill Livingstone
- 1997 Instability of the sacroiliac joint and the consequences for gait. In: Movement, stability and low back pain. Eds. Vleeming, Mooney, Dorman, Snijders and Stoeckart. Churchill Livingstone
- 1998 Impaired load transfer through the pelvic girdle – a new model of altered neutral zone function. In: Proceedings from the 3<sup>rd</sup> Interdisciplinary World Congress on Low Back and Pelvic Pain. November 19-21, 1998 Vienna, Austria
- 2000 Physiotherapy management of thoracic spine pain. In: Clinical Anatomy and Management of Thoracic Spine Pain. Eds. L G F Giles, K P Singer. Butterworth Heinemann, Oxford
- 2001 Exercises Using Imagery for Core Stabilization – video [www.dianelee.ca](http://www.dianelee.ca)
- 2002 Biomechanics of the Thorax - in Physical Therapy of the Cervical and Thoracic Spine, 3<sup>rd</sup> edition. Ed. Ruth Grant, Churchill Livingstone, New York, New York
- 2002 Manual therapy of the Thorax – in Physical Therapy of the Cervical and Thoracic spine, 3<sup>rd</sup> edition. Ed. Ruth Grant, Churchill Livingstone, New York, New York

- 2002 Postpartum Health for Moms – video and course program for moms and physiotherapists [www.dianelee.ca](http://www.dianelee.ca)
- 2003 The Thorax – An Integrated Approach. Diane G. Lee Physiotherapist Corp. [www.dianelee.ca](http://www.dianelee.ca)
- 2004 Thoracic pain limiting a patient’s secretarial work and sport. In: Clinical Reasoning for Manual Therapists. Eds. Jones M A, Rivett D A. Butterworth Heinemann, Edinburgh
- 2004 The Pelvic Girdle, 3<sup>rd</sup> edition. Churchill Livingstone, Edinburgh
- 2004 The Integrated Approach to the Assessment and Treatment of the Lumbopelvic-hip Region – DVD set. Co-produced with Linda-Joy Lee. [www.dianelee.ca](http://www.dianelee.ca)
- 2004 The management of pelvic joint pain and dysfunction. Ch 34 In: Grieve’s Modern Manual Therapy: The Vertebral Column. Eds: Boyling J, Jull G A, Elsevier, Edinburgh
- 2006 Postpartum Health for Moms – Restoring Form & Function after Pregnancy, 2<sup>nd</sup> edition. An Educational Package on CDROM (co-produced with Linda-Joy Lee) [www.dianelee.ca](http://www.dianelee.ca)
- 2007 Three Chapters: The evolution of myths and facts regarding function and dysfunction of the pelvic girdle. An integrated therapeutic approach to the treatment of pelvic girdle pain. An integrated approach for the management of low back and pelvic girdle pain: a case report. In: Movement, Stability & Lumbopelvic Pain: Integration of research and therapy Eds Vleeming A, Mooney V, Stoeckart R Churchill Livingstone
- 2008 An Integrated Multimodal Approach for the treatment of pelvic girdle pain and dysfunction. Ch 14 in: Magee et al Musculoskeletal Rehabilitation: Pathology, management & Intervention, Elsevier (Co-written with Linda-Joy Lee)
- 2008 An Integrated Multimodal Approach for the treatment of thoracic and dysfunction. Ch 8 in: Magee et al Musculoskeletal Rehabilitation: Pathology, management & Intervention, Elsevier (Co-written with Linda-Joy Lee)
- 2008 Stability, continence and breathing: The role of fascia following pregnancy and delivery (co-authored with Linda-Joy Lee & Laurie McLaughlin) Journal of Bodywork and Movement Therapies 12, 333-348
- 2011 The Pelvic Girdle, 4<sup>th</sup> edition. An Integration of Clinical Expertise and Research. Elsevier, Edinburgh
- 2011 Evidence and clinical experience: the challenge when they conflict. Invited response as part of - Is a postural-structural-biomechanical model, within manual therapies, viable?: A JBMT debate in response to Lederman E 2011 The fall of the postural-structural-biomechanical model in manual and physical therapies: Exemplified by lower back pain. JBMT 15, 130 - 152

### ***Presentations***

- 1984 IFOMT, Vancouver, Canada - Assessment of the Functional Pelvic Girdle
- 1990 Canadian Orthopaedic Symposium, Ottawa - The sacroiliac joint

- 1991 Canadian Physiotherapy Congress, Montreal - The Biomechanics of the Thorax
- 1992 IFOMT, Vail , USA - Biomechanics of the Thorax. Arthrokinematics of the Sacroiliac Joint
- 1992 First Interdisciplinary Symposium on the Sacroiliac Joint and its influence on Low Back Pain, San Diego, USA - The Relationship between the Sacroiliac Joint the Low back and the Hip
- 1992 Private Practitioners Meeting, Hong Kong - Keynote speaker. Current concepts in Manual Therapy in Private Practise
- 1994 CPA/APTA Joint congress, Toronto. Current concepts on the Anatomy, Biomechanics, Assessment and Treatment of the Thorax
- 1995 Instability of the Sacroiliac Joint and the Consequences to Gait. Orthopaedic Symposium, Canadian Physiotherapy Association. Vancouver, B.C.
- 1995 Instability of the Sacroiliac Joint and the Consequences to Gait. North American Institute of Orthopaedic Manual Therapy, Congress, Orthopaedic Symposium, Canadian Physiotherapy Association. Vancouver, B.C. Denver, Colorado
- 1995 Instability of the Sacroiliac Joint. Second Interdisciplinary World Congress on Low Back Pain. La Jolla, USA - November 9 - 11
- 1995 Contemporary Positions of the Sacroiliac Joint. Keynote address at the 9th Biennial conference of the Manipulative Physiotherapists Association of Australia, Gold Coast, Australia. November 22 - 27 1997
- 1997 Movement, the Pelvis and Low Back Pain. Key note address and workshop presented with Dr. Andry Vleeming at the Washington State Physical Therapy Congress in Spokane, April 1997
- 1998 Assessment and Treatment of Pelvic Girdle Dsyfunction. Keynote speaker along with Dr. Andry Vleeming at the Danish Manual Therapy Group Conference in Billund, Denmark
- 1998 Speaker's tour of Australia presenting The thorax – a biomechanical approach to assessment and treatment as well as The Pelvic Girdle – a biomechanical approach. In Brisbane, Sydney, Adelaide and Perth
- 1998 Impaired load transfer through the pelvic girdle – a new model of altered neutral zone function. In: Proceedings from the 3<sup>rd</sup> Interdisciplinary World Congress on Low Back and Pelvic Pain. November 19-21, 1998 Vienna, Austria
- 1999 Movement, Stability and Low Back Pain – the essential role of the pelvis. Presented together with Dr. Andry Vleeming, Portland, Vancouver and New York, September 1999
- 2000 When the hip gives way. Canadian Academy of Manipulative Therapists Conference. Halifax, November 1999
- 2000 Mobility, Stability, Low Back Pain – the essential role of the pelvic. European tour with Dr. Andry Vleeming in Switzerland, Belgium, Ireland, September 2000
- 2000 Current Concepts on Pelvic Impairment. Dr. Andry Vleeming and Diane Lee, IFOMT Perth Australia, November 2000

- 2000 Diagnostic tools for Pelvic Impairment – American Back Society, Vancouver Canada, December 2000
- 2001 Current Concepts on Pelvic Impairment – Northwest Rheumatology Society Meeting, Vancouver BC, May 2001
- 2001 Scientific Advances in Force closure of the Pelvis – The Implications for Exercise Prescription. Canadian Physiotherapy Association annual Orthopaedic Symposium. Ottawa, May 2001
- 2001 Movement, Stability and Low Back Pain – the essential role of the pelvis. Presented together with Dr. Andry Vleeming, Hong Kong, September
- 2001 The Integrated Model of Joint Function and its Clinical Application – presented at the 4<sup>th</sup> Interdisciplinary World Congress on Low Back and Pelvic Pain. Montreal, November 8-10
- 2002 The Lumbopelvic Region – Current Research and its Clinical Application – The Gregory Grieve Memorial Lecture  
Evidence Based Diagnostic Tools for the Impaired Pelvis  
Treatment Protocols for the Impaired Pelvis  
MACP Congress – Key note speaker, London England, October 2002
- 2002 Practical Implications of the Active Straight Leg Raise Test: Understanding Compensatory Motor Control Patterns. Dutch Physical Therapists Conference, Arnhem, Holland
- 2003 The Lumbopelvic Region – Current Research and its Clinical Application  
Evidence Based Diagnostic Tools for the Impaired Pelvis  
Treatment Protocols for the Impaired Pelvis  
MT Congress – Key note speaker, Trondheim Norway March 2003
- 2004 Altered Motor Control Strategies and Stress Urinary Incontinence. 5<sup>th</sup> World Congress on Low Back and Pelvic Girdle Pain, Melbourne Australia
- 2004 Recent Advances on the Assessment and Treatment of the Sacroiliac Joint. American Back Society Meeting, Las Vegas
- 2005 Recent Advances on the Assessment and Treatment of the SIJ. The Role of Motor Control. American Back Society Meeting, San Francisco
- 2006 Recent Advances on the Assessment and Treatment of the SIJ. Movement Behavior and Posture. Japanese Posture and Movement Society, Tokyo
- 2006 The Pelvis: A Collaboration of Ideas for Research and Clinical Practice. Advanced Manual Therapy. Sydney, Australia
- 2006 The Role of the Pelvis in Sitting and Low Back Pain. American Back Society Meeting, Las Vegas
- 2007 The Role of the Pelvic Floor in Musculoskeletal and Urogynecological Function. World Congress of Physical Therapy, Vancouver Canada
- 2007 Lumbopelvic stability, continence and breathing - The role of fascia in both function and dysfunction and the potential consequences following pregnancy and delivery. First World Fascial Research Congress, Harvard
- 2007 Clinical Reasoning and Pelvic Girdle Pain: Show me the Patient! 6<sup>th</sup> World Congress on Low Back and Pelvic Girdle Pain, Barcelona, Spain
- 2008 Peripartum Pelvic Stability – The Role of the Abdominal Fascia. Physio Dubai 2008 Conference, Dubai UAE

- 2008 A Focus on Clinical Expertise and Deductive Reasoning in Evidence-based Practice -The Pelvis. Key Note. Canadian Orthopaedic Symposium, Montreal Canada
- 2009 Peripartum Pelvic Stability – The Role of the Abdominal Fascia. The Role of the Pelvis in Hamstring Injuries and Posterior Thigh Pain. Spine II conference. Rome
- 2009 Clinical Reasoning and a System-based classification for Disability & Pain with a focus on the Pelvis. The Role of the Pelvis in Hamstring Injuries. and Posterior Thigh Pain. PhysioFirst Private Practitioners Meeting, Nottingham UK
- 2010 Dry Needling and Ultrasound Imaging in Clinical Practice. Canadian Physiotherapy Congress Meeting, St. John’s Newfoundland
- 2010 Evidence in Clinical Practice – Can the Evidence Change your Practice? Grand Rounds at the 7<sup>th</sup> World Congress on Low Back and Pelvic Girdle Pain, Los Angeles, USA
- 2011 The Role of the Pelvis in Recurrent Hamstring Pain & Injury. Combined Sections Meeting of the American Physical Therapy Association. New Orleans, USA
- 2011 Split Down the Middle? Tips for Managing Diastasis Rectus Abdominis. Physiotherapy Association of BC, Vancouver, Canada
- 2011 Restoring Form & Function of the Abdominal Wall after Pregnancy & Delivery. Women’s Health Summit. North East Seminars, Chicago, Illinois

## *Teaching Experience*

From 1980 to present I have taught all of the Orthopaedic Division, CPA postgraduate courses to physiotherapists in Canada and the United States. In addition I have taught specialised courses on the vertebral column and pelvic girdle in Israel, Canada, USA, United Kingdom, Iceland, Norway, Europe, Australia, Hong Kong, Dubai, Singapore, Japan, South Africa and the United Arab Emirates.